



luminova.app



For 7-12 year olds



Digital Therapeutic Support for children with anxiety – in a game!

- ★ Instant access through a mobile app
- ★ Based on highly effective Cognitive Behavioural Therapy
- ★ Helps breakdown fears and worries into manageable steps
- ★ Development funded by the NHS, CE marked medical device (MHRA)




Medicines &
Healthcare products
Regulatory Agency



Playing Lumi Nova helps children face their fears, build confidence & resilience



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