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withYouth

YOUNG PEOPLE'S Digital Wellbeing Services

If you are between the ages of 5-18 or a parent/caregiver of a 5-18 year old, message us or call us to get help with issues that are affecting your wellbeing.

We can talk about what you are experiencing and offer you support, information and advice through one-to-one and group sessions.

You can get help straight away, no referral needed.
To find out more, or to talk to one of our team:

Instant message us at www.withyouth.org

Or call us on **0208 189 8400**

We are here for you
Everyday from 2pm - 10pm

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