

Growth mindset



Fixed mindset

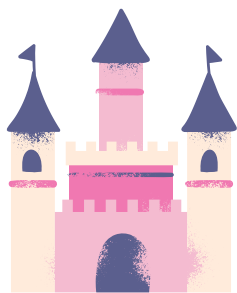
- Thinking that our intelligence, skills, and abilities are set in stone and we cannot change them.
- Scared to try new things.
- Mistakes are bad and make us a failure.



Growth mindset

- Thinking that we can improve our intelligence, skills, and abilities with practice and effort.
- Excited to try new things.
- We learn from our mistakes, and they help us to grow.

Successes that struggled first



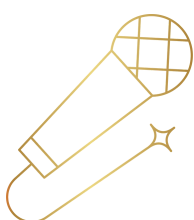
Walt Disney was told by one of his early bosses that he had no good ideas and lacked creativity.



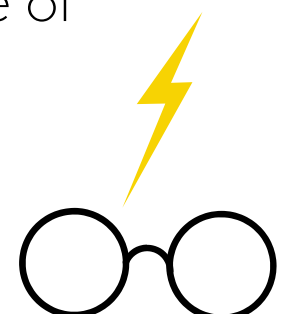
The first Star Wars film was rejected by 3 major film studios.



Robert Downey Jr. struggled with addiction before he became Iron Man, won an Oscar and became one of the highest paid actors of all time.



Lady Gaga was dropped by her first record label before she became famous.

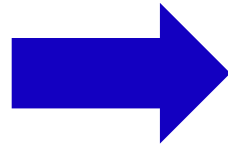


The first Harry Potter book was rejected by 12 publishers.

We can turn fixed mindset statements into growth mindset statements

Examples to get you started!

I can't do it!



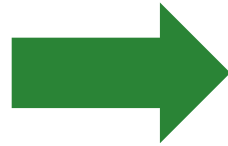
I can't do it... YET!

Mistakes make me a failure.



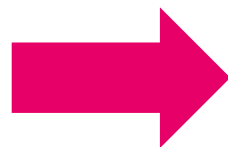
Mistakes help me learn.

I will always be bad at Maths.



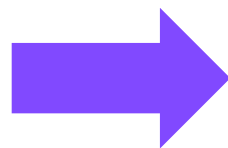
I can get better at Maths with practice and help.

There is no point in trying.



Trying gives me a chance to succeed.

Everyone is much better than me.



I am unique with my own strengths and talents.

Now you try!



