



REVISION TIMETABLE

Use this timetable to help you plan some revision time for your exams. On the days you would like to revise, write down the subjects you would like to go through and how long for. Remember, breaks are really important and why not plan a treat for all the hard work you would have done by the end of the week!

01 MONDAY

02 TUESDAY

03 WEDNESDAY

04 THURSDAY

05 FRIDAY

06 SATURNDAY

07 SUNDAY

BRAIN BREAK TIME!

- Play a game
- Watch a movie or show
- Go outside - ride a bike, play a sport, go for a walk
- Grab a snack
- Do a puzzle - wordsearch, jigsaw, sudoku, crosswords
- Have a jam session - sing and dance!
- Self care

WEEKLY REWARDS

