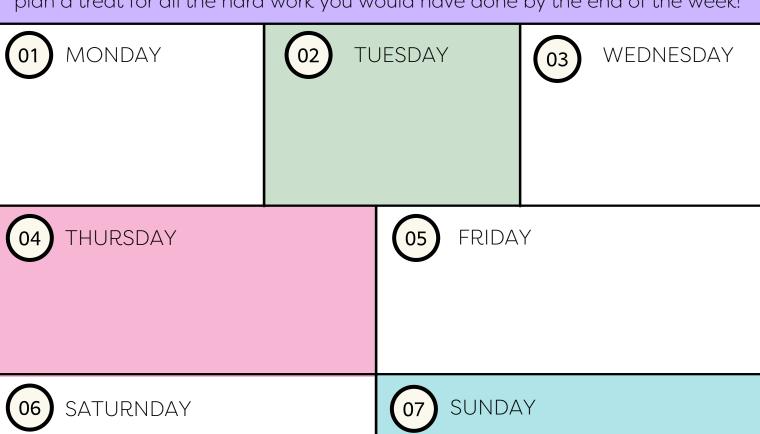




REVISION TIMETABLE

Use this timetable to help you plan some revision time for your exams. On the days you would like to revise, write down the subjects you would like to go through and how long for. Remember, breaks are really important and why not plan a treat for all the hard work you would have done by the end of the week!



BRAIN BREAK TIME!

- Play a game
- Watch a movie or show
- Go outside ride a bike, play a sport, go for a walk
- Grab a snack
- Do a puzzle wordsearch, jigsaw, sudoku, crosswords
- Have a jam session sing and dance!
- Self care

WEEKLY REWARDS

